



From I-80:
 Take I-80 toward OAKLAND.
 Take the CA 13/ASHBY AVE. exit.
 Merge onto ASHBY AVE. for 2 miles.
 Turn LEFT onto TELEGRAPH AVE.
 Go one block and turn right onto Russell and park in first parking lot at left.

From Walnut Creek:
 Merge onto CA-24 W toward OAKLAND/LAFAYETTE.
 After tunnel Exit onto TELEGRAPH AVE.
 Turn right onto TELEGRAPH, and continue 1 mile.
 Cross Ashby and take first right onto Russell and park in first parking lot at left.

2855 Telegraph Avenue, Suite 100 • Berkeley, CA 94705 • Tel 510-204-9400 • Fax 510-204-0600

CT Prep for Abdomen & Pelvis:

E-Z CAT prep directions:

- Mix contents of E-Z CAT bottle with 1 quart (4 cups) or 900 milliliters (4 cups) of water. On the night before the exam, drink two cups (16 oz. total) of E-Z CAT solution.
- Drink two more cups (16 oz total) of E-Z CAT 3 hours prior to exam.
- Nothing to eat 12 hours prior to exam. Clear liquids, medications and E-Z CAT are okay.
- Arrive 15 minutes prior to appointment time.

*Depending on your dietary needs & restrictions, the following list of beverages mix well with our contrast: Sodas (7-up, Sprite, Root Beer and Ginger Ale are excellent choices). You may also use Crystal Light of any flavor. Any other clear beverage is also acceptable.

PET Prep for a successful exam:

DO NOT eat or drink, except water, 6 hours before the exam.

- This is very important! This includes no gum, no mints, no crackers, no soft drinks, no juice and no applesauce. Eat a high protein diet the night before and no starches. You may have as much water as you like.

Please be on time.

- Your dose is calibrated for your time of arrival. If you are late, or miss your appointment, your dose becomes unusable. It is very expensive, and you may be liable for the charge.

Wear warm, comfortable clothes: Sweats, socks, long-sleeve shirt.

- You may be asked to change into a gown.

Do not alter your medication without checking with your doctor.

- Pain medication and anti-anxiety pills are of course permitted.

Please be aware that this exam takes almost 2 hours. Approximate time on the camera is 1/2 hour.

Please, if you have any questions, do not hesitate to call 510-204-9400.

NO SHOW FEE: \$500 for unused dose.

I agree to be financially responsible for the NO SHOW FEE if I am late or miss my appointment.

Patient Signature: _____ Date: _____