

CT Exam Patient Preparation Instructions

- When you schedule your exam, our staff will provide instructions on how to prepare for your CT exam. Instructions will vary, dependent on which part of your body is being scanned. Please let us know if you have allergies, asthma, kidney problems, heart disease, or diabetes.
- **DO NOT EAT OR DRINK, EXCEPT WATER, 2 HOURS** prior to your appointment (Please drink at least 3 extra 8 oz. of water 6-8 hours before).
- You may take any medications as normal. Pain and anti-anxiety medications are permitted.
- Wear warm comfortable clothes: Sweats, socks, long sleeve shirt. You may be asked to change into a gown, as well as to remove any clothing items with metal zippers, metal buttons or metal underwire.
- If you are pregnant, or if there is a chance you are pregnant, please inform our technologist before your exam.